



SEPTEMBER 2021 EVENT & PROGRAM CALENDAR

(Updated 9/9/21)

Auburn Senior Community Center | 48 Pettengill Park Road

Register online at secure.rec1.com/ME/auburn-me/catalog

or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> ◆ = Age-Friendly Committee Event ■ = Auburn Recreation Program ⌘ = 1st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ♦ = Robin Dow Meeting </p>						
			1 ⌘ = 1st Auburn Senior Citizens Meeting	2 ■ Windsor Fair ■ Chair Yoga	3	4
5	6 HOLIDAY - No Recreation Programs	7 ◆ Age-Friendly Movie	8 ♦ = Robin Dow Meeting	9 ■ Chair Yoga ■ Adult Craft Night	10 ■ Drop In Day ■ Feature Friday/Tech Talk	11
12	13 φ = New Auburn Seniors Meeting	14 ■ Hike ■ Home Activity Kits ■ Chronic Pain Class ◆ Age-Friendly Committee Meeting	15 ⌘ = 1st Auburn Senior Citizens Meeting	16 ■ Apple Picking (rain date, was 9/9) ■ Adult Craft Night	17 ■ Drop In Day ■ Feature Friday ■ Vineyard/Cidery Trip	18
19	20 φ = New Auburn Seniors Bingo	21 ■ Chronic Pain Class ◆ Age-Friendly Movie	22 ♦ = Robin Dow Meeting	23 ■ Christmas Tree Shops / Red Barn ■ Chair Yoga ■ Adult Craft Night	24 ■ Drop In Day ■ Feature Friday	25
26	27 φ = New Auburn Seniors Bingo	28 ■ Chronic Pain Class ■ Hike ■ Home Activity Kits	29	30 ■ Cumberland Fair ■ Chair Yoga ■ Adult Craft Night		

Date	Time	Cost	Description
Wednesday, September 1	10:30 AM – 12:00 PM	\$5.00 annual dues	1st Auburn Meeting/Meals. Raspberry Fruit Bars for dessert.
Wednesday, September 1	12:30 PM – 3:00 PM	Price per card	1st Auburn Bingo
Thursday, September 2	8:30 AM – 4:30 PM	\$5 \$7 non-residents	Windsor Fair Shuttle Mark your calendars for these popular Maine Fairs! We are going to visit some of your favorite agricultural fairs to see live animals, tractor pulls, horse races, amazing entertainment, arts and crafts vendors, and try lots of delicious food! We will provide transportation and parking and you will pay any applicable entrance fee. Min: 6 /Max: 28 Pre-registration required.
Thursday, September 2	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Cost covers classes held 9/2, 9/9, 9/23 and 9/30. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session*
Tuesday, September 7	10:00 AM – 12:00 PM	Free	Age-Friendly Movie – The story follows four best friends who buy a mysterious pair of pants that fits each of them despite their differing sizes. The girls share the pants equally as they spend their first summer apart. Rated : PG Call 333-6601 x2108 for details.
Wednesday, September 8	11:00 AM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:30am with the meeting starting at 11:00am, Bingo to follow.
Thursday, September 9	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Cost covers classes held 9/2, 9/9, 9/23 and 9/30. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session*
Thursday, September 9	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, September 10	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day : Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice! In December we will have a gift-wrapping station with gift wrap, tape and scissors.
Friday, September 10	10:00 AM – 11:00 AM	Free	Tech Talk Friday : Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. This program will be geared around your interests in and curiosities about technology. Bring your questions and your device (laptop, tablet, phone, etc.) or use one of our iPads.
Monday, September 13	11:00 AM	\$5 annual dues	New Auburn Seniors Meeting - Doors open at 9:30am with the meeting starting at 11:00am, Bingo to follow.
Tuesday, September 14	10:00 AM	\$3 \$5 non-residents	Hike – Bradbury Mountain, Pownal. Explore our local hiking locations. Pre-registration required. . Minimum 6/Maximum 14 Free w/out transportation Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free
Tuesday, September 14	2:00-4:00 PM	Free	Craft Stick Birdfeeder Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.

Tuesday, September 14	2:00-4:30 PM	Free	Living Well with Chronic Pain Living Well with Chronic Pain is an interactive six-week self-management workshop specifically for people who are experiencing a wide range of pain conditions and their caregivers. Join the educators from SeniorsPlus to learn new skills and solve problems with guidance from trained facilitators who will help you gain confidence, manage pain, set goals and be more active and involved in life. Pre-registration required.
Tuesday, September 14	5:30-6:30 PM	N/A	Age-Friendly Committee Meeting
Wednesday, September 15	10:30 AM – 12:00 PM	\$5.00 annual dues	1st Auburn Meeting/Pizza Meal. Pre-Purchase meal ticket required.
Wednesday, September 15	12:30 AM – 3:00 PM	Price per card	1st Auburn Bingo
Thursday, September 16 (RAIN DATE, was 9/9)	9:30 AM – 12:30 PM	\$5 \$7 non-residents	Apple Picking : Apple picking season is upon us at last! It's time to head out and pick some apples and enjoy a gorgeous view at Ricker Hill in Turner. We will take a tour of their farm, pick apples and visit their store. Will your apples end up in pies, sauce, fresh apple salads or dipped in peanut butter? There's really no wrong way to enjoy a fresh apple. Minimum 6/Maximum 14 Pre-registration required.
Thursday, September 16	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, September 17	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day: Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice! In December we will have a gift-wrapping station with gift wrap, tape and scissors.
Friday, September 17	10:00 AM – 11:00 AM	Free \$1 non-residents	Feature Friday: Running in conjunction with the Drop-in Fridays, we will feature a craft, educational session, or activity on the small side of the Auburn Senior Community Center for an hour each Friday. Stop in and have brunch with Jamie & Jody!
Friday, September 17	4:00 PM – 7:00 PM	\$5 \$7 non-residents	Vista of Maine Vineyard & Cidery Shuttle, Greene. Hard cider & wine tasting room, proudly part of the Ricker Hill Farms Family. Join us for views of the White mountains, Sabattus Lake and beyond. Feel free to purchase a tasting flight or a glass of wine and enjoy the view. Min: 6/Max: 14 Pre-registration required.
Monday, September 20	11:00 AM	\$5 annual dues	New Auburn Seniors Bingo - Doors open at 9:30am with bingo starting around noon. All Seniors 50 and older are welcome to attend Bingo.
Tuesday, September 21	10:00 AM – 12:00 PM	Free	Age-Friendly Movie – When an Iowa farmer hears a mysterious voice one night in his cornfield saying "If you build it, he will come," he feels the need to act. Despite taunts of lunacy, Ray builds a baseball diamond on his land, supported by his wife, Annie. Afterward, the ghosts of great players start emerging from the crops to play ball, led by "Shoeless" Joe Jackson. But, as Ray learns, this field is about much more than bringing former baseball greats out to play. Rated PG. Call 333-6601 x2108 for details.
Tuesday, September 21	2:00-4:30 PM	Free	Living Well with Chronic Pain Living Well with Chronic Pain is an interactive six-week self-management workshop specifically for people who are experiencing a wide range of pain conditions and their caregivers. Join the educators from SeniorsPlus to learn new skills and solve problems with guidance from trained facilitators who will help you gain confidence, manage pain, set goals and be more active and involved in life. Pre-registration required.
Wednesday, September 22	11:00 AM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:30am with the meeting starting at 11:00am, Bingo to follow.

Thursday, September 23	9:00 AM – 2:30 PM	\$6 \$8 non-residents	Christmas Tree Shops / Red Barn Trip – Who doesn't love a trip to Christmas Tree Shops, meant to inspire and delight with unique finds at a great value? Then we will head to The Red Barn in Augusta for lunch. For those that don't know, it is a quaint little roadside barn space with picnic tables for simple Maine seafood like lobster rolls and some great chicken. Price includes transportation to Christmas Tree Shops and The Red Barn in Augusta. Pre-registration required. Min: 4 /Max: 28
Thursday, September 23	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Cost covers classes held 9/2, 9/9, 9/23 and 9/30. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session*
Thursday, September 23	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, September 24	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day : Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice! In December we will have a gift-wrapping station with gift wrap, tape and scissors.
Friday, September 24	10:00 AM – 11:00 AM	Free \$1 non-residents	Feature Friday : Running in conjunction with the Drop-in Fridays, we will feature a craft, educational session, or activity on the small side of the Auburn Senior Community Center for an hour each Friday. Stop in and learn all about Pickleball for our upcoming 101 class starting in October.
Monday, September 27	11:00 AM	\$5 annual dues	New Auburn Seniors Bingo - Doors open at 9:30am with bingo starting around noon. All Seniors 50 and older are welcome to attend Bingo.
Tuesday, September 28	10:00 AM	\$3 \$5 non-residents	Hike – Mackworth Island, Falmouth. Explore our local hiking locations. Pre-registration required. . Minimum 6/Maximum 14 Free w/out transportation, Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free
Tuesday, September 28	2:00-4:00 PM	Free	Caramel / Candy Apple Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Tuesday, September 28	2:00-4:30 PM	Free	Living Well with Chronic Pain Living Well with Chronic Pain is an interactive six-week self-management workshop specifically for people who are experiencing a wide range of pain conditions and their caregivers. Join the educators from SeniorsPlus to learn new skills and solve problems with guidance from trained facilitators who will help you gain confidence, manage pain, set goals and be more active and involved in life. Pre-registration required.
Thursday, September 30	8:30 AM – 4:30 PM	\$5 \$7 non-residents	Cumberland Fair Shuttle Mark your calendars for these popular Maine Fairs! We are going to visit some of your favorite agricultural fairs to see live animals, tractor pulls, horse races, amazing entertainment, arts and crafts vendors, and try lots of delicious food! We will provide transportation and parking and you will pay any applicable entrance fee. Min: 6 /Max: 14 Pre-registration required.
Thursday, September 30	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Cost covers classes held 9/2, 9/9, 9/23 and 9/30. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session*
Thursday, September 30	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.